



Whole-istic Living, LLC



Holistic, Natural, & Evidence-Based
Functional Nutrition & Herbal Remedies

for...

IBS | IBD | SIBO | Leaky Gut & more



About Me

Jenna Volpe RDN, LD, CLT is a functional registered dietitian, holistic nutritionist, certified LEAP therapist, and clinical herbalist who helps people with gut issues to feel better via a holistic and evidence-based “food as medicine” path.

Jenna is the founder of private functional nutrition practice + blog [Whole-istic Living](#), author of [the IBS Food Diary](#), and creator of the [Complete Gut Repair Roadmap](#) online program for IBS sufferers.

The mission and vision of Jenna’s work is to increase people’s awareness and understanding of functional nutrition & herbal medicine, and to educate & equip IBS sufferers with knowledge and resources that will help them to crack their Gut Code™ and heal from the inside out.

Contact

[wholeisticliving.com](#) | jenna@wholeisticlivingllc.com

JENNA VOLPE, RDN, LD, CLT | WHOLE-ISTIC LIVING

Social Statistics

12K

Monthly Blog Visitors
www.wholeisticliving.com

1154

Instagram Followers
[@wholeisticliving](https://www.instagram.com/wholeisticliving)

973

Facebook Followers
www.facebook.com/wholeisticliving

900

Email Subscribers
(50% Average Open Rate!)



As Seen In...

EVERYDAY  HEALTH

[Is Drinking Aloe Vera Juice Good For You?](#)

EatingWell

[Dried vs. Fresh Fruit: Which One Is Healthier?](#)

 THE VITAMIN SHOPPE

[8 Nutrients That Support Thyroid Health](#)

VITAL PROTEINS®

[9 Things to Keep In Your Fridge, According to Registered Dietitians](#)

COSMOPOLITAN

[How to Heal Your Gut \(And No, It Doesn't Involve Dropping \\$ on #GutTok\)](#)

SHAPE

[What is the Mayr Method Diet, and Is It Safe?](#)

Prevention.

[3 Nutrients That Might Improve Your Wellbeing](#)

Good Housekeeping^{*}

[What is Mushroom Coffee and Does It Have Any Health Benefits?](#)



How We Can Collaborate:

Sponsored Content:

- I can create high-ranking SEO-optimized blog posts and/or social media posts and/or email marketing campaigns endorsing and featuring gut health food or supplement products!
 - Recipes or articles would feature specific product endorsements from a holistic and functional registered and licensed dietitian nutritionist with a loyal following & high authority and expertise in IBS, Leaky Gut and SIBO
 - ***Brand and products will only be endorsed if they meet my ethical & quality standards and align with my philosophy & values!***

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Let's Work Together

Jenna Volpe, RDN, LD, CLT | Whole-istic Living | Holistic & Functional Nutrition and Herbal Medicine Resources
for IBS, Leaky Gut, SIBO, and IBD.